



KEEPING OUR CAMP COMMUNITY SAFE DURING SUMMER 2021 AS OF APRIL 1, 2021

Each summer, Camp Knutson's top priority is the safety and well-being of all of our campers, staff and volunteers — that does not change for Summer 2021. Due to the COVID-19 pandemic, Camp Knutson has made changes in order to maintain as safe of an environment as possible. We have also worked closely on health and safety procedures with each of our partner groups. We have reviewed and updated our medical protocols and practices using recommendations from the Centers for Disease Control and Prevention (CDC), Minnesota Department of Health (MDH), and American Camp Association (ACA). We recognize that recommendations and guidelines will change, and we commit to updating our programming and protocols accordingly.

If you have more questions after reading this document, please feel free to contact us at 218.543.4232 or by email at camp.knutson@lssmn.org.

The risk of viral spread at camp will be significantly reduced by layering the following mitigation strategies on top of each other at all times throughout the summer:

1. "Safe at Home," prior to camp
2. Testing and screening
3. Handwashing
4. Cleaning and disinfecting
5. Masking, physical distancing and pods
6. Symptom management plan

Campers and staff will be expected and encouraged to follow physical distancing, wear masks, use proper personal hygiene/hand washing practices and remain in their cabin pods. We will provide clear training and guidelines to staff and campers upon arrival. We have enhanced our cleaning and medical protocols, highlighted below. Although we will be following CDC, ACA and MDH guidelines, there is no guarantee that a camper or staff person will not be exposed to or infected by COVID-19 while at camp.

SAFE AT HOME — PRIOR TO CAMP

In order to mitigate the risk of COVID-19 being brought into camp, we ask all campers and staff to take additional safety measures in the two weeks prior to their arrival by limiting social gathering and exposure to nonessential people. We also ask other household members to take appropriate social distancing measures (wearing a mask, staying six feet away from people not part of your household and washing hands with soap and water frequently) during one week prior to camp.



Temperature and Symptom Monitoring

During the one week prior to camp, all camp parents should log daily temperatures of their camper. Campers and staff members should self-screen for COVID-19 symptoms. You will need to bring your temperature and symptom monitoring sheet with you on your camp arrival day OR you will fill out your daily temperature and symptom monitoring through a phone app, which will safely allow us to monitor our campers and staff closely (partner group determines how these temperatures and symptoms are recorded and submitted).

Testing

All campers and weekly staff will receive a Molecular PCR COVID-19 test within 72 hours before arrival at camp. Campers or staff will not be admitted into camp without documentation of the negative test results.

COVID-19 Vaccine

At this time, Camp Knutson will not require the COVID-19 vaccine for participating campers, staff or volunteers. We will educate and encourage our participants to be vaccinated. Our staff have been designated as essential workers supporting the childcare sector, giving them priority access to the COVID-19 vaccine.

CHECK-IN AT CAMP FOR WEEKLY STAFF

During pre-camp staff arrival (for all partner groups), medical staff will facilitate an assessment with each staff member. This assessment will happen as soon as they arrive at camp and will include an assessment for all communicable diseases. New COVID-19 screening questions will occur for Summer 2021. Medical professionals will also go over the staff temperatures and symptom sheet for the last 14 days. Healthcare staff will check the temperature of all staff when they arrive. **See staff arrival medical assessment form.**

If someone arrives to camp posing a communicable disease risk to others, appropriate actions will be taken. Staff who have a temperature over 100.4 degrees Fahrenheit, show COVID-19 symptoms, do not come with a negative test or have been exposed to COVID-19 in the previous 14 days will not be permitted to enter camp. They will have a conversation with a camp leadership and/or healthcare staff prior to leaving.

DROP OFF AND CHECK-IN FOR CAMPERS

Due to COVID-19, we will be very strict about who can be dropped off at what time at Camp Knutson. Camper guardians will be notified several weeks prior to arrival day on what time to arrive. It is crucial you arrive on time. Please expect that drop off protocol will change substantially. At this time, we anticipate a drive-thru system, where stations will be set up around the office area and the ball field, with staff directing vehicles to each station. Stations will include: COVID-19 screening and verification of negative test documentation; camper and luggage drop off with staff; emergency contact and general camper check-in information confirmed; dietary needs and healthcare information. There will be minimum exposure to caregivers at these stations. More information will be provided in the coming months.



Parents/caregivers should expect to wear masks the entire time that they are on camp property.

AT CAMP

In order to create as safe an environment as possible and mitigate the risk of COVID-19 exposure, we will be making adjustments to camp procedures and policies in a variety of areas. We may change these procedures at any time as we continue to review the latest data and guidance from public health officials. When possible (and weather permitting), camp activities will be held outdoors. We will have more outdoor eating throughout the summer. All modified camp rules and procedures will be sent out one week prior to camp and will also be announced to all campers during the first day of camp, including hand washing and sanitizing procedures, rules for cabin pods, when masks will be required, etc.

Cabin Pods

Cabin pods will consist of no more than 10 people total (staff and campers included). Each camper will travel with their cabin pod together to all activities and meals. One counselor per cabin will carry a backpack at all times containing hand sanitizer and disinfectant spray to wipe down commonly used areas. Personal items, personal equipment and clothing must not be shared with campers from another cabin.

1. Campers and staff will sleep a minimum of six feet apart from each other. There will not be more than two campers per bunk section. Another practice that will be used is head-to-toe sleeping.
2. Only one cabin pod will occupy an entire floor of a sleeping cabin. Campers and staff will be housed in different parts of the room and use separate bathrooms.
3. Pods will eat together, ride in the same van to horseback riding together and will have designated times at same certain program areas.
4. The K Staff will remain with the same group all week long. K Staff will always be wearing a mask when interacting with the cabin group.
5. When cabin pods are interacting with K Staff, Kitchen Staff or any other people or cabin groups beyond their own group, all must be wearing a mask (campers and staff).

Masking and Physical Distancing

The CDC and MN Department of Health Interim Guidance for Overnight Camps require that all persons age five and older and Camp staff wear face masks when they cannot maintain a six-foot distance from others. There are some exceptions to this order. If you or your camper meet these criteria, please communicate with Camp Knutson before the first day of camp.

1. All campers and staff will be required to wear masks throughout the duration of camp any time they are indoors or cannot maintain 6 feet of distance from another person who is not in their cabin pod.
2. When outdoors AND physical distancing can be maintained by greater than six feet, masking will not be required.
3. Leadership staff, program staff, kitchen staff and all support staff must wear a mask any time they are indoors or not six feet away from another staff person, camper or cabin group.



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4. Cabin staff can be unmasked when with their cabin group and no other campers or staff are within six feet. Campers and staff will be given "mask breaks" whenever needed and as often as possible.
5. Campers and staff are not to enter any other cabin than their own.
6. We encourage you to send masks (cloth or disposable) with your camper that they find the most comfortable. We also will have some disposable masks available but not enough to provide for all campers throughout the entire week.

Locations masks will be required:

1. In the Dining Hall (except for when seated at their own table to eat)
 - a. Only three people will be allowed in the Dining Hall bathrooms at a time
2. Communal spaces within a cabin building if it is shared by more than one cabin pod
3. Outdoor spaces where social distancing is not possible
4. Office and Health Center
5. Vans
6. Nature center
7. Bazinet (arts and crafts)

Masks will NOT be required when:

1. Campers and/or staff are outdoors and more than six feet apart
2. Campers and/or staff are eating at their table in the Dining Hall or at their cabin pod's designated outdoor picnic area
3. Campers and/or staff are taking showers
4. Campers and/or staff are taking part in social distanced waterfront activities (swimming, fishing, boating (limited capacity), canoeing, etc.) and they are with their pod

Rule of Three

In order to help maintain a safe environment for both campers and staff, Camp Knutson is encouraging everyone to remember the Rule of Three.

1. Masks
2. Social Distancing
3. Outdoors

We will remind everyone throughout the week to think of these three things and work to maintain at least two of the three at all times. For example, if a camper is outdoors and able to social distance, they do not need to have their mask on. If they are outdoors and not able to maintain social distancing throughout the activity, they will need to wear a mask. Visual supports and social narratives will be offered where helpful and necessary.

Meals

All meals will be eaten outdoors in cabin pods, with tables spaced far apart from each other. During inclement weather, campers will have designated areas to eat indoors within their pods. Similar menus and food offerings will be available as usual, but food and dishes will be delivered to cabin pods. Special diets (provided by camp or food from home) can be



accommodated. If a camper does not want to eat outdoors, accommodations can be made, but these decisions will be made on a case-by-case basis.

Camp Spaces and Activities

The traditional camp schedule will be kept, including favorite camp activities such as horseback riding, biking, waterfront, arts and crafts, nature and more. However, all activities will be adjusted to be in compliance with COVID-19 protocol and will include considerations for safety of all campers and staff. In case of rain, indoor activity options will be available but group size will be limited. Incentive alternatives will be provided, also in consideration of COVID-19 protocol.

Cleaning and Sanitization

Camp Knutson will significantly increase its cleaning, handwashing and sanitization procedures this summer. Stations containing hand sanitizer will be located throughout camp. Every table in the Dining Hall or at outdoor eating locations will have a large bottle of hand sanitizer. Door knobs, handles and other commonly touched areas will be wiped with antibacterial spray frequently. Bathrooms and shared spaces will be cleaned and sanitized multiple times per day. Cabin bathrooms and main areas will also be cleaned and sanitized once per day.

One counselor per cabin will carry a backpack at all times that contains hand sanitizer and disinfectant spray to wipe down areas where the cabin group has been. K Staff will also carry hand sanitizer and disinfectant spray to wipe down frequently touched areas, as well as activity spaces and equipment before AND after use, especially shared camp equipment like life jackets, canoe paddles, fishing poles, balls, bows and arrows, etc. Every building around camp where an activity is held will have a spray bottle of disinfectant as well.

POSITIVE OR SUSPECTED COVID-19 CASES AT CAMP K

Our healthcare staff will follow guidelines and protocols to assess the well-being of the individual. We expect direct exposure requirements and guidance to evolve, and our healthcare staff will continue to evaluate and keep current with all CDC and MDH guidance. Camp Knutson and partner camps will share protocol for the potential of camper illness on site prior to the start of camp. This will include protocols for general presentation of symptoms, camper quarantine, pod quarantine and the general camp threshold. If a camper returns home from camp and has a positive COVID-19 test within 10 days of returning home, the family is required to report it to the partner camp leadership, and camp is required to report it to families from that session, without identifying the camper who tested positive.



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RESOURCES

Minnesota Department of Health Prevention Guidance for COVID-19:

<https://www.health.state.mn.us/diseases/coronavirus/schools/overnightcamp.pdf>

Center for Disease Control & Prevention (CDC): <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/summercamps.html>

ACA Field Guide:

<https://acacamps.app.box.com/s/7gkh9buu3ntssx2v38gajg4z94631lag>

MDH - Decision Tree for Schools:

<https://www.health.state.mn.us/diseases/coronavirus/schools/exguide.pdf>